Exa		British Wadokai Karate-do Federation Assessment Sheet for 1st to 3rd Dan Ex. Lev: Date:										
Name & Grade Attempting	Kihon Waza	Renraku Waza	Sanbon Gumite	Ohyo Gumite	Kihon Gumite	Kata Syllabus	Kata Choice	Jiyu Gumite	Dedicated Training		Practical Result	Written Result
Method of scoring. Each so												