

# The Anti-Bullying Policy



## Of British Wadokai

英国和道会空手道連盟 – 本部道場

Valid from 1<sup>st</sup> January 2023

FEDERATION PRESIDENT  
& CHIEF INSTRUCTOR  
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British Wadokai is a Full-Member of the  
**British Wado Federation**

## **BRITISH WADOKAI ANTI BULLYING POLICY**

### **Introduction**

BWK is committed to providing a safe, welcoming environment for children and young people that is free from bullying.

Bullying of any form is unacceptable in our sport, whether the behaviour is displayed by a child, young person or an adult. We make sure everyone involved in the sport – staff, children, young people and parent/carers – knows of and understands our stance towards bullying.

### ***Definition and examples***

BWK defines bullying as the repeated harassment of others through emotional, physical, verbal or psychological abuse. We emphasise that the victim is never responsible for being the target of bullying.

Examples of bullying are:

Emotional: Being deliberately unkind, shunning or excluding another person from a group or tormenting them. For example, forcing another person to be 'left out' of a game or activity, passing notes about others or making fun of another person.

Physical: Pushing, scratching, spitting, kicking, hitting, biting, taking or damaging belongings, tripping up, punching or using any other sort of violence against another person, outside the rules of Karate.

Verbal: Name-calling, put-downs, ridiculing or using words to attack, threaten or insult. For example, spreading rumours or making fun of another person's appearance.

Psychological: Behaviour likely to instil a sense of fear or anxiety in another person.

### **Responses to bullying behaviour**

Despite all efforts to prevent it, bullying behaviour is likely to occur on occasion and BWK recognises this fact. In the event of such incidents, the following principles govern the BWK response:

- All incidents of bullying will be addressed thoroughly and sensitively.
- Children and young people will be encouraged to immediately report any incident of bullying that they witness. They will be reassured that what they say will be taken seriously and handled carefully.
- Anyone involved in Karate has a duty to inform BWK if they witness an incident of bullying involving children or adults.
- If a child, young person tells someone that they are being bullied, they will be given the best chance to explain what has happened and reassured that they were right to tell. The individual who has been the victim of bullying will be helped and supported by the BWK. BWK will check on their welfare regularly.

- In most cases, bullying behaviour can be addressed according to the strategies set out in the BWK Child Protection Policy. The individual who displayed bullying behaviour will be encouraged to discuss their behaviour and think through the consequences of their actions. They will be given the support they may need. Where appropriate, they will be encouraged to talk through the incident with the other person concerned.
- Where bullying behaviour persists, more serious actions may have to be taken, as laid out in the BWK Suspensions and Exclusions policy.
- A member of staff will inform the parents/carers of all the children involved in a bullying incident at the earliest possible opportunity. If appropriate, BWK will facilitate a meeting between the relevant parents/ carers. At all times, BWK will handle such incidents with care and sensitivity.
- All incidents of bullying will be reported to the Child Protection Officer and will be recorded.

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